



East Bay Women's Health, Inc.

Obstetrics Gynecology Infertility
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Welcome to our practice!

Congratulations on your pregnancy! Enclosed in this packet is some useful information about your pregnancy, nutrition, and prenatal care. Here are the answers to some **frequently asked questions**.

What do I do in an emergency?

Call the office. At night and weekends we have an answering service who will contact the doctor. It is best if you call our office first instead of going immediately to the hospital (if it is not life threatening) so that we may alert the hospital staff of your arrival.

Who will I see at my prenatal visits?

You will see your doctor. Occasionally you may see the other doctor if your primary doctor is delivering a baby or doing emergency surgery. Your doctor may want you to get acquainted with the other physician at a few visits so that she is familiar to you. Our practice includes only board certified doctors.

Who will deliver my baby?

We deliver approximately 80% of our patients. We usually come in to do deliveries even when we are not on call. Though we cannot guarantee 24 hours a day/ 7 days a week that we have no other commitments to our families, friends or ourselves, we deliver the majority of our patients. If your primary doctor is not available the nurses are to call our partner, then to call the call group. Our call group consists of board certified physicians who have similar practice styles .

What will my insurance cover?

We will contact your insurance company to verify your coverage soon after your first visit. We will let you know about your coverage. Any co-pays (other than the per visit co-pay) , deductibles, or share of costs due to the office need to be collected by 28 weeks. Keep in mind your insurance may not cover or may have separate charges for the hospital or circumcision.

What about maternity leave?

Maternity leave coverage varies according to your employer and your eligibility. State disability will pay for up to 4 weeks before your due date and up to 6 weeks after for a vaginal delivery for normal uncomplicated pregnancies. The state will not allow you to add weeks to the end if you do not take them ahead of time. Many patients choose to work longer due to the amount that the state pays. If you have other disability coverage you may not be eligible for state disability. Your employer, depending on the size of the company, may allow you additional time off of unpaid leave.

What about early maternity leave?

Typical medical reasons for early leave are those things that put your pregnancy at risk. Placenta problems, twin pregnancy, blood pressure problems, heart problems, preterm labor and premature rupture of membranes are examples of medical problems requiring early leave.

Where do I get the forms?

We have state disability forms at the office. The fee for our completion of these forms is \$10 per form. You should fill out your portion then drop them off with your fee. Your insurance does not pay for completion of these forms (i.e. phone calls, copying, faxing, contacting you to clarify information, changing dates when applicable, postage, etc.). These forms are copied and mailed from the office.